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**COACHING FOR SUCCESS**  
**PEERS or Co-WORKERS (4-6 individuals per cohort)**

**Pre-Coaching Assessment:**

Coaching begins with a preliminary behavior assessment with participants using the “DISC” model of behavior evaluation.

**DISC Success Insights Debriefing:** The next step will be a debriefing workshop with all participants to explain and review the DISC assessments and provide “homework” assignments. Any individual who cannot participate in the session who will be assigned to a cohort must have a separate debriefing prior to the beginning of the coaching sessions. An individual debriefing session is in addition to the base rate.

**Cohort Coaching Process:**

The first coaching session should be held within 30 days completing assessments. Minimum time between sessions is one week; maximum time between sessions is one month. There will be one debriefing session and eight one-hour coaching sessions. More than one group can be coached during the same period.

**Cost: \$750 per participant, base rate.**

\$120 of this fee is taxable.

Individual coaching sessions, if needed: \$150 per session.

NOTE: This same process can be used for an individual versus a cohort. The cost is \$1,470 (\$120 is taxable) for individual counseling.